

# Rocky Sports Club MENU



Dine-in/ Takeaway - No credit card surcharge - No public holiday surcharge - Bistro reservations for up to 50 people

BOOKINGS: (07) 4807 6519

## KIDS' CLASSICS

PRICE MEMBERS GUESTS

**CHICKEN NUGGETS** \$11.90 \$14.90

Chicken bites with chips & choice of sauce.

**BATTERED FISH BITES** \$11.90 \$14.90

White fish bites with chips & choice of sauce.

**LITTLE CAESAR** \$13.90 \$16.90



A fun-sized portion of crisp cos lettuce and chicken strips. Topped with croutons, parmesan, bacon and a light creamy dressing.

**JUNIOR BANGERS AND MASH** \$11.90 \$14.90

Two sausages served with mashed potatoes and gravy.

## STARTERS

PRICE MEMBERS GUESTS

**GARLIC BREAD** \$11.90 \$14.90

Toasted bread with garlic and herb butter. (VG)

- with cheese (Add \$2) (VG)
- with cheese and crispy bacon (Add \$5)

**LARGE BOWL OF CHIPS** \$11.90 \$14.90

Swap for sweet potato chips (Add \$2)

**AMERICAN CHEESE AND BACON LOADED FRIES** \$22.90 \$25.90

Chips drenched in cheese sauce, bacon and gravy.

PRICE MEMBERS GUESTS  
**TEXAS BBQ BRISKET LOADED FRIES** \$23.90 \$26.90

Chips topped with beef brisket, melted cheese sauce and BBQ sauce.

**PIZZA LOADED FRIES** \$22.90 \$25.90

Chips topped with napolitana sauce, melted mozzarella, pepperoni and melted cheese.

**NASHVILLE HOT LOADED FRIES** \$19.90 \$22.90

Chips in Nashville hot seasoning, spicy fried chicken pieces, ranch dressing, and melted cheese.

**CHICKEN WINGS (500G)** \$15.90 \$18.90

Jumbo wings tossed in 1 flavour & 1 sauce of your choice.

**CHICKEN WINGS (1KG)** \$22.90 \$25.90

Jumbo wings tossed in up to 2 flavours & 3 sauces of your choice.

- Chicken Wings Flavour**  
(Mixed through the wings)
- Natural
  - Buffalo
  - Hickory smoked BBQ
  - Garlic Parmesan

- Chicken Wings Sauces**  
(Sauce on the side)
- Buffalo
  - Hickory smoked BBQ
  - Mustard Maple
  - Ranch

## HAND CRAFTED STACKS

PRICE MEMBERS GUESTS

**CHEESEBURGER AND BACON** \$25.90 \$28.90

Beef patty with double cheese, bacon, pickles, onions, tomato & signature burger sauce on a toasted brioche bun. Served with chips & your choice of sauce.

**STEAK SANDWICH** \$25.90 \$28.90

Tender steak on toasted Turkish bread with caramelized onions, cos lettuce, tomato, aioli & BBQ sauce. Served with chips & your choice of sauce.

**CHICKEN BURGER** \$25.90 \$28.90

Crispy panko chicken with slaw, Swiss cheese & chipotle mayo on a toasted milk bun. Served with chips & your choice of sauce.

## FISH BURGER



Crumbed parrotfish in a toasted brioche bun with coleslaw, pickles & chipotle mayo. Served with chips & your choice of sauce.

PRICE MEMBERS GUESTS  
\$25.90 \$28.90

## THE PUB CLASSIC COLLECTION



**ROAST OF THE DAY**

Our chef's daily selection of premium slow-roasted meat served with roasted veggies, steamed veggies and gravy. (GF)

PRICE MEMBERS GUESTS  
\$22.90 \$25.90

**BANGERS AND MASH** \$21.90 \$24.90

Sausages on mashed potatoes, steamed veggies and gravy. (GF)

**RISsoles** \$21.90 \$24.90

Beef rissoles on mashed potatoes, steamed veggies and gravy. (GF)

**SURF AND TURF** \$38.90 \$41.90

250g rump steak topped with calamari & creamy garlic prawns. Served with 2 sides & your choice of sauce.

**RUMP 250G** \$28.90 \$31.90

250g lean rump steak. Served with 2 sides & your choice of sauce. (GF)

**½ RACK OF RIBS** \$30.90 \$33.90

Slow-cooked pork ribs, fall-off-the-bone, basted in BBQ sauce. Served with 2 sides & your choice of sauce. (GF)

**FULL RACK OF RIBS** \$58.90 \$61.90

Double-serve slow-cooked pork ribs, glazed in BBQ sauce. Served with 2 sides & your choice of sauce. (GF)

## THE GLOBAL SCHNITZEL GALLERY

PRICE MEMBERS GUESTS

### TRADITIONAL

**CHICKEN SCHNITZEL** \$25.90 \$28.90

Crumbed chicken breast. Served with 2 sides & your choice of sauce.

**CHICKEN PARMIGIANA** \$26.90 \$29.90

Schnitzel topped with napolitana sauce, ham & mozzarella. Served with 2 sides & your choice of sauce.

**CRUMBED STEAK** \$26.90 \$29.90

Tenderised beef steak, crumbed & seasoned. Served with 2 sides & your choice of sauce.

### THE BBQ

**TEXAS CRUMBED STEAK** \$29.90 \$32.90

Crumbed steak topped with bacon, BBQ sauce & mozzarella. Served with 2 sides & your choice of sauce.

### EUROPEAN

**CHICKEN CORDON BLEU** \$31.90 \$34.90

Schnitzel stuffed with ham & Swiss, topped with melted cheese. Served with 2 sides & your choice of sauce.

### ASIAN FUSION

**KATSU CURRY** \$22.90 \$25.90

Panko crumbed chicken in mild Japanese curry sauce with roast potatoes, carrots & mozzarella. Served with 2 sides & your choice of sauce.

### SEAFOOD TWIST

**REEF SCHNITZEL** \$29.90 \$32.90



Chicken schnitzel topped with prawns in garlic cream sauce smothered in melted mozzarella. Served with 2 sides & your choice of sauce.

# BLUE WATER TREASURES

PRICE  
MEMBERS GUESTS  
\$32.90 \$35.90

## CHILI MUSSELS WITH GARLIC BREAD



Mussels steamed in tomato and white wine broth, infused with fresh chili, garlic, and herbs. Served with toasted garlic bread.

**LEMON PEPPER CALAMARI** \$17.90 \$20.90

Calamari served with a fresh garden salad and a side of tartare and lemon.

**BARRAMUNDI FISH** \$29.90 \$32.90

- Panfried (GF)
- Beer Battered
- Crumbed

Served with tartare sauce, a wedge of lemon and your choice of two sides.

**SEAFOOD BASKET** \$25.90 \$28.90

Tempura white fish and crabsticks, panko crumbed prawns, squid rings and scallop. Served with tartare sauce, a wedge of lemon and your choice of two sides.

# WOK OF FIRE AND SPICE

PRICE  
MEMBERS GUESTS

**SEAFOOD WOK** \$32.90 \$35.90

Thick, chewy noodles wok-tossed in a housemade sauce with veggies, tiger prawns, calamari, and scallops.

**MINCED BEEF WOK** \$22.90 \$25.90

Savory minced beef seared in the wok tossed with egg noodles, veggies and a housemade sauce.

**CRISPY CHICKEN WOK** \$22.90 \$25.90

Crunchy chicken pieces served over wok-tossed noodles and vegetables, finished with a house-made sauce.

## GRILLED BLACKENED CHICKEN WITH SPANISH STYLE RICE (GF)



Chicken breast coated in a bold, dark spice rub. Served alongside tomato-infused Spanish rice.

**BEEF MASALA WITH NAAN BREAD AND RICE** \$31.90 \$34.90

Beef brisket simmered in tomato and onion gravy infused with Indian spices. Served with steamed rice and toasted Naan bread.

**HONEY SOY CHICKEN WITH SALAD OR TURMERIC FLAVOURED RICE** \$24.90 \$27.90

Tender chicken thighs in a sticky honey-soy glaze, served with garden salad and turmeric rice.

## AL DENTE DREAMS

PRICE  
MEMBERS GUESTS

**SPAGHETTI CARBONARA** \$27.90 \$30.90

Spaghetti in a creamy sauce with pieces of mushroom and bacon, finished with parmesan.

**SIGNATURE PASTA BOLOGNESE** \$27.90 \$30.90

Minced beef, tomatoes, celery, and carrots. Tossed in a pasta and finished with parmesan.

**SEAFOOD AND CAPERS PASTA** \$32.90 \$35.90



A bounty of succulent prawns, calamari, and mussels tossed in white wine and garlic butter sauce. Topped with fried capers and fresh chili.

PRICE  
MEMBERS GUESTS  
\$33.90 \$36.90

# PIZZAS

PRICE  
MEMBERS GUESTS

**MEATLOVERS** \$29.90 \$32.90

Tomato base, loaded ham, diced beef, and bacon, in a layer of mozzarella and BBQ sauce.

**SUPREME** \$29.90 \$32.90

Bell peppers, mushrooms, red onions, kalamata olives, mince, peperoni, and ham. Topped with mozzarella and olive oil.

**TROPICAL CHICKEN** \$29.90 \$32.90

Strips of grilled chicken breast paired with pineapple chunks and ham. Finished with cheese and parsley.

**JOHNNY CASH** \$29.90 \$32.90



Hot pepperoni, minced beef, red onion, and jalapeños, spiked with chili flakes, chipotle mayo and buffalo.

# BOWLS OF LIFE

PRICE  
MEMBERS GUESTS

**CHICKEN CAESAR SALAD** \$25.90 \$28.90

Crisp cos lettuce with steamed chicken, bacon, croutons and Caesar dressing, topped with Parmesan and a soft-boiled egg.

**GENERAL TSO'S STEAK SALAD** \$26.90 \$29.90

Seared steak strips in a sweet-spicy glaze, served over mixed greens with red onion, cherry tomatoes and cucumber, topped with crispy noodles and a sesame soy-lime vinaigrette.

**KANI SALAD** \$22.90 \$25.90



Shredded kani with cucumber and carrot, tossed in miso and roasted sesame dressing, served on mixed greens and topped with sesame seeds and crispy tempura prawns.

# STAMPEDE STEAKS

PRICE  
MEMBERS GUESTS

**RUMP 400G (GF)** \$37.90 \$40.90

This generous 400g rump is prized for its firm texture. Served with 2 sides & your choice of sauce.

**RIB FILLET 300G (GF)** \$49.90 \$52.90

The most flavourful cut on the menu. Served with 2 sides & your choice of sauce.

**FILLET MIGNON 200G (GF)** \$57.90 \$60.90



A thick-cut, lean eye fillet wrapped in premium streaky bacon to add a smoky saltiness and extra moisture. Finished with herb butter.



## TOP IT OFF

(Any option for \$9.50)

- Creamy Garlic Prawns
- Lemon Pepper Calamari

## MEAL SIDES

(Any option for \$6.50)

- Chips
- Garden salad
- Steamed veggies
- Mash potatoes
- Coleslaw
- Onion rings
- Rice

## SAUCES

(Served on the side. Any option for \$2.50)

- Gravy
- Aïoli
- Chipotle
- Dianne
- Tomato
- Buffalo
- Mushroom
- BBQ
- Sour Cream
- Pepper
- Ranch
- Worcestershire
- Creamy garlic
- Sweet Chilli

FIND OUT OUR DAILY BISTRO SPECIALS

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## DIETARY REQUIREMENTS

Vegetarian (VG) - Gluten Free (GF)

Special dietary modifications are only available for items marked on the menu and must be requested at the time of ordering.

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